



## Blue Lightning Swim & Dive Team - 2021 Schedule

SWIM	DIVE
<b>Pre-Season Stroke Clinics:</b> <ul style="list-style-type: none"><li>● Daily, Tues, June 1 - Fri, June 11</li><li>● 4:15-5:15 (8 and under)</li><li>● 5:00-6:00 (9 and Older)</li></ul>	<b>Regular Season Daily Practice Schedule:</b> <ul style="list-style-type: none"><li>● Mondays, 4:00-6:00</li><li>● Wednesdays, 4:00-6:00</li></ul>
<b>Regular Season M-F Daily Practice Schedule:</b> <ul style="list-style-type: none"><li>● 3:30-4:15 (6 and Under)</li><li>● 4:00-5:00 (8 and Under)</li><li>● 4:45-5:45 (Advanced 8 and Under, and 9-11 years old)</li><li>● 5:30-6:45 (12-15 years old)</li></ul>	<b>Special Clinics with 1984 Silver Medalist, Bruce Kimball:</b> <ul style="list-style-type: none"><li>● Monday, June 7, 4:00-6:00 pm</li><li>● Thursday, June 10, 4:00-6:00 pm</li></ul>

### Swim/Dive Dual Meet Schedule:

Dive: warm-ups 1:00, meet begins 2:00 pm

Swim: warm-ups 3:30, meet begins 4:30 pm

- Fri, June 11, 4:30-6:00, Time Trials & Ice Cream at OWC
- Weds, June 16, 6:00, Parent Night & Pasta Party at OWC
- Thurs, June 17, vs. Lincolnshire, HOME
- Thurs, June 24, vs. Farmington, HOME
- Thurs, July 1, AWAY at Lake Forest
- Thurs, July 8, vs. Tennaqua, HOME
- Tues, July 13, AWAY at Fox Point

### Swim/Dive All-League Meet Schedule:

- Sat, July 17, 10:00 am, Age Group Swim Championships, AWAY at Lincolnshire
  - OWC warm-up 9:20 am
  - Rain date July 18
- Mon, July 19, 3:00 pm, Age Group Dive Championships, HOME
  - OWC warm-up 2:00 pm
  - Rain date Jul 21 or 22
- Tues, July 20, 5:00 pm, North Shore Club Swim Championships, AWAY at Lake Forest
  - OWC warm-up 3:55 pm
  - Rain date July 27

**Blue Lightning Awards Night! ... Wednesday, July 14, 5:00 pm**